



RETURNING TO THE WORKPLACE DURING COVID-19

LYN MORRIS
QUALITY, WHS & RTW COORDINATOR

Hello Everyone,

We have seen many changes to the way we all have had to adapt our daily work lives during the current COVID-19 Pandemic. Many CLO employees who pre-pandemic were office-based workers needed to work from home. Whilst this has had its challenges for us all, I think everyone has done an amazing job over the past few weeks adjusting to that changing environment. Recently we have seen a carefully graduated and planned return to office-based working for some roles. This has been and will continue to be based on current government health advice and recommendations as restrictions across the state are gradually being lifted- we can have a coffee outside a café now!

As more of us at CLO and indeed across our state are returning to office-based working, SafeWork Australia has some really useful information and resources for us to refer to under the state and federal WHS legislation. For example, their website provides employers and employees with up-to-date information on requirements and responsibilities that we all have as well as links to other agencies to assist us all to make this transition from home to office-based working once again. Do take some time to investigate their website: www.safeworkaustralia.gov.au.

I know at CLO we have more than met all the current requirements under state and federal health departments to respond to and manage COVID-19 in our workplaces. We will continue to review our responses and strategies as advised by health authorities. Do chat to your supervisor or manager if you have any questions about returning to your pre-pandemic offices, I look forward to seeing you all again in person soon.



#THANKSFORCARING

The last couple of months have been a challenging time for all of us due to COVID-19. We are doing well as a state, and slowly getting back to normal. As an organisation, we especially wanted to say thank you to all our frontline staff. You are all going above and beyond, working behind the scenes every day at this unprecedented time.
#ThanksForCaring.

TRISH'S WORKING FROM HOME JOURNEY!

At first I was really unhappy when I was picked out of the admin team to work from home but I slowly adapted to this change. The first hurdle was getting my work computer set up in my home, connected to my WIFI and getting it operational. This wasn't easy as I am not hugely familiar with anything computer related, but, with the help of Hayden we got my computer up and running. I bought a small desk and set up an office area in my kitchen because I wanted my work computer separate from my personal desktop in my study where there are far too many distractions and I felt it would be easier if I had a workstation in a designated work area to get up and get ready to go to work to. As I am living with a disability and getting into the office on time has many challenges in different weather, I love not having to get into a taxi and get into the office. I have saved a fortune on makeup and it is a lot easier to get work done when there are no phone calls to take. I feel really fortunate that I was given the opportunity to continue working from the isolation I have been living in and wish I could keep working at home through Winter when getting to work can be problematic with the rain.



TRISH ELLARD
ADMINISTRATION ASSISTANT



THE WEEKLY WRAP

Community Living Options

Issue 4

WHAT HAS OUR FRONTLINE WORKERS EXPERIENCE BEEN WORKING AND LIVING THROUGH COVID-19?



ROBYN STRICKLAND
PERSON CENTRED SUPPORT WORKER
(MENTAL HEALTH PROJECT)

What have you been doing differently as a frontline worker during COVID-19?

Prior to the Pandemic restrictions I was actively involved in the transitioning of multiple clients currently residing at Glenside. When this was placed on hold I started working with a client who has been living in their home since January and I then had to juggle family life and work life. My husband and I have two children 12 and 15 who we home schooled, so I became a part time teacher as well.

What is your favourite thing to do to keep busy at home?

My god-daughter Lilly is getting a baby brother, so I have been keeping busy crocheting baby clothes, so far, I have made a hat, two pair of botties, a blanket and two sweaters.



How have you been keeping in touch with family and friends?

All our immediate family still live in New Zealand from the Sunny Bay of Islands to Windy Wellington however since we have been living in Australia since 1999, we have been communicating via Facebook messenger group chat so nothing has really changed about keeping in touch with family. We do have a large network of family and friends in Adelaide, so we have resorted to Facebook messenger as well.

What is your favourite inspirational quote?

"Pandemic is not a word to use lightly or carelessly. It is a word that, if misused, can cause unreasonable fear" – Dr Tedros



CHERYL HUBBARD
PERSON CENTRED SUPPORT WORKER
(METRO REGION)

What have you been doing differently as a frontline worker during COVID-19?

My client went into voluntary isolation in late March. We have restricted the flow of staff into the house, ensured we all wash our hands regularly, social distancing, do twice daily COVID-19 cleaning regime and all family have been asked to limit visits. He has a great understanding of the virus and I said as long as he keeps making people laugh we will get through this together.

What is your favourite thing to do to keep busy at home?

I have been reading online books much more than normal.

How have you been keeping in touch with family and friends?

My family are interstate. We message frequently and have been FaceTiming nearly everyday. Several family get togethers were planned for April and May but unfortunately all had to be cancelled.

What is your favourite inspirational quote?

