

## Discover A LIFE YOU LOVE YOUR SUPPORT YOUR WAY

GREAT OPPORTUNITIES - GREAT LIFE



## Inside this handbook:

- 2 Welcome
- 3 Supporting you
- 5 What do I want to achieve?
- 6 My journey map
- 8 How CLO can support you
- 9 Our values and mission
- 10 Your questions answered
- 11 Next steps to support at CLO

Take action today!

# Welcome

### Hi,

Welcome to CLO! We are so excited that you're interested in the person-centred supports we provide.

We made this guide to help you navigate the ins and outs of disability support. This guide acts as a quick referral for you to know the processes behind the services we provide.

Of course, you are unique and the opportunities and life you want are unique too, so this guide is also a workbook, designed to support you in achieving your best life.

#### - Team CLO

#### Call (08) 7221 9550 to speak to our Service Development Coordinator



### Supporting you what it's all about

Supporting you is all about giving you the opportunity to live the life of your choice that is tailored to you individually.

That can include:

- > daily activities
- > social and community participation
- > improving life choices
- > living independently
- > learning new skills
- > capacity building

We are a **not-for-profit** organisation, and have been operating for over 35 years.

"(My life) changed a lot. I've got a lot more freedom and I'm not so angry anymore. I've changed a lot; I've grown up! I love life, I enjoy life, I've got a lot more freedom and I'm a lot happier."

### - Andrew





#### MY SKILLS Try new things that I've always wanted to do, set goals for my learning and achieve them.

WHAT DO I WANT TO

**ACHIEVE?** 

it's all about me



MY MONEY It's my money and funding, so I get to participate and choose how it's spent.



**MY HOME** 

Manage my house and

responsibilities, live on my own

or with housemates.

MY COMMUNITY

Take part in social events, take up a new hobby, strengthen relationships and make new friends, join in with my community.



#### **MY INDEPENDENCE** Maintain my independence,

learn life skills, make my own decisions.

MY HEALTH Be in control of my health and well-being.



### How to use this path

Use this page to fill out your own journey.

We've added some examples for you to give you some inspiration, but everyone's journey is personal—own yours.



## How CLO can support you



**DAY-TO-DAY LIFE** Achieving my daily goals in my home and the community



DEVELOP SKILLS Building my skills and learning new ones



#### GOAL-FOCUSED PLAN

Assistance to create a plan about me and my dreams



JOIN IN Opportunities for me to join in with my community



SPECIALIST SUPPORT COORDIANTION

Help you to develop links to your community, support services and appropriate housing



**TRAVEL** Support for me to go where I choose, when I choose



SHIFTING STAGES Support to change life stages



NDIS SUPPORT COORDINATION

Assistance to implement my NDIS plan



ACCESS OTHER SUPPORTS Access to the therapeutic supports I am interested in

## Our values and mission

Our vision is that all people experience great opportunities and a great life.

Our mission is to help create your positive life journey by supporting your dreams, your choices and your individuality.

In practice, we place a great value on:

- Integrity and Honesty
- Individuality and Independence
- Safety and Security
- Dignity and Respect
- Rights and Inclusion
- People and Relationships
- Innovation and Quality
- Valuing customer experience and a passion for service

We value all people and we deliver truly person-centred assistance. Assistance is individual, flexible and community inclusive. We place our trust in each other to be professional, honest and hard -working, we are client focused and we acknowledge the rights of all people to have a good life.

We treat information confidentially.

We act in ways that are safe and lawful.

The strength and integrity of our organisation depends on the collaborative, respectful, caring and supportive relationships that we establish and maintain with people with disabilities, their families and supporters, our colleagues and the community in general. This is how we fulfil our roles and responsibilities to achieve our vision and mission.



## Your questions answered

#### WHO DOES CLO SUPPORT?

We support people of all ages from across South Australia.

#### WHAT IS THE COST TO ME?

The **N**ational **D**isability Insurance **S**cheme is a new scheme that is being put in place to provide funding to people who have a permanent and significant disability. If you are eligible, you can apply for funding through this scheme on their website: ndis.gov.au. If you choose, CLO will then work with you to ensure your supports and funding are correct.

If you are not eligible for the NDIS, we can support you too! Simply contact our Service Development Coordinator on (08) 7221 9550 to find out more.

### WILL I BE ABLE TO CHOOSE MY OWN STAFF AT CLO?

Yes! You can participate in staff selection to choose who will be a part of your team.

### HOW DO I TRANSITION BETWEEN SUPPORT PROVIDERS?

It's your choice to decide on a provider. If you'd like to know more about support at CLO, call our Service Development Coordinator on (08) 7221 9550. They can work with you to make sure your transition to CLO is a smooth one.

### HOW WILL YOU CONTINUE TO SUPPORT ME AT CLO?

We will collaborate with you and your team regularly to ensure that we are supporting you to achieve your goals.

### Next steps to support at CLO

Call (08) 7221 9550 to speak to our Service Development Coordinator. They will discuss the following with you:

- > What support you want and when you want that support
- We will ask you questions about the staff you would like (for example; their age, gender, or interests)
- > Or you can follow the steps on this page to contact us via our website
- > You can also reach us through My Portal (if you are an NDIS participant)

### Take action today



guide you through the next phase!



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